



The VALS News

Spring Issue 2010

Book 47 – Volume III

VALS ... the association for legal professionals

Established 1962

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Quotable Quotes

We make a living by what we get,
but we make a life by what we give.

Winston Churchill

From the President

Tammy Surles, VALS President

It's hard to believe I have served as your President for two years already and this will be my last message to you, at least in the VALS News. I will have plenty to say in April and I am NOT going to cry. ☺ Once I attain my goal of being a "has-been", I will have one more year on the EC and then I finally get to sit in the back of the room and look up to the new officers. I will be there now with more knowledge and understanding of what VALS is about, with a better appreciation of the time and efforts of our Executive Committee to keep VALS working as a team, and how important it is for the membership to take an active part in the Association. The combined efforts of the EC and the membership are what make VALS a great Association.

For the last two years I have tried to encourage everyone to take an active part in VALS. No contribution is too small and everyone has a unique talent or idea that can benefit our Association. I encourage newer members to run for office or to volunteer for a committee. It really is a great experience and gives you a better understanding of what VALS is about. The interaction with other members creates bonds that really do make us "sisters-in-law".

It really has been a pleasure serving as your President and I thank you for having the trust and confidence to elect me to serve two terms. I want to thank everyone who served on committees. You all have done a wonderful job and I really appreciate all of your hard work. To the officers on the Executive Committee, you are wonderful and we have made a great team this year. Thank you for your dedication and commitment to VALS, together with all of the support and assistance you have given to me. Words cannot convey enough thanks to my Parliamentarian, without whom I would have not been able to fulfill the duties of my office. Cindy, you are awesome! Thank you for sticking with me both years, for being patient with all my questions and for keeping me informed on how to do my duties.

I look forward to seeing you all in April in Blacksburg!

"The only lifelong, reliable motivations are those that come from within, and one of the strongest of those is the joy and pride that grow from knowing that you've just done something as well as you can do it."

Lloyd Dobens and Clare Crawford-Mason

Welcome New Members

Please welcome our newest members:

- November: Nicole E. Prince (Va. Beach)
Jeremiah A. Denton, III, Esq.
477 Viking Dr., Ste. 100
Virginia Beach, VA 23452
(757)340-3232
Nicole@jeremiahdenton.com
- Carol G. Mueller (Va. Beach)
Williams Mullen
222 Central Park Ave.
Virginia Beach, VA 23462
vaga154@hotmail.com
- December: Kristina Duncan (Northern VA)
3903 Penderview Dr.
Fairfax, VA 22033
kristineduncan@gmail.com
- February: Cynthia N. Stillwaggon (Va. Beach)
Williams Mullen
222 Central Park Ave.
Virginia Beach, VA 23462-3035
cstillwaggon@williamsmullen.com
- Nicole Hendrick (Richmond)
6000 Anderson Mill Rd.
Church Road, VA 23833
nikkih.75@gmail.com

There's still room to place an ad in the convention program book – the deadline is March 30th!!!

Know of anyone who'd be interested in sponsoring a break or other event? Vendors?

Contact Debbie Quesenberry at shtslaw@aol.com or (540)639-9056

Call to VALS 48th Annual Convention



TO: ALL MEMBERS OF VALS . . .
the association for legal professionals

The 48th Annual Convention of VALS . . . the association for legal professionals, will be held in Blacksburg, Virginia, on April 30 – May 2, 2010, (Friday through Sunday), with headquarters at The Inn at Virginia Tech, Blacksburg, VA. This call is issued in accordance with Article VI, Section 1(b) of the Bylaws of VALS.

Included with this notice is information on room rates and reservations made through the courtesies of the NRVLSA . . . the association for legal professionals, host for this meeting.

DELEGATES

The Bylaws of VALS in Article VI, Section 1(c) provide:

"(c) Delegates. Each local chapter shall select three (3) delegates and three (3) alternates to represent the chapter at the convention."

VALS Standing Rules for Credentials Chairman No. 3 provide:

"3. Certificate of delegates must be mailed to the recording secretary no later than March 31, and a copy of such certification simultaneously mailed to the (Credentials) Chairman. Forms for such certification shall be mailed by the recording secretary to all governors no later than February 15 of each year."

REPORTS

An electronic copy of the annual reports of VALS Elected and Appointed Officers, Committee Chairmen, and Chapter Governors should be submitted to VALS President Tammy Surles at Wa2Sweet4U@aol.com by April 19, 2010. Twenty copies of all financial reports should be mailed to 24 Shenandoah Drive, Fredericksburg, VA 22408.

VALS Elected or Appointed Officers, Committee Chairmen, and Chapter Governors or Designated Alternate Governors who will be unable to be present shall notify VALS President Tammy Surles by phone at: 540-840-6143 (cell).

Tammy Surles
VALS – 2009-2010 President

Call to Fourth Regular Meeting of the Board of Governors



Office of: VALS Recording Secretary
Kelly E. Hickey, PP, PLS
c/o Gentry Locke Rakes & Moore
P.O. Box 40013
Roanoke, VA 24022-0013
Work: 540-983-9408
Cell: 540-556-8818
E-mail: kelly_hickey@gentrylocke.com

March 5, 2010

CALL TO FOURTH REGULAR MEETING OF THE BOARD OF GOVERNORS OF

VALS . . . the association for legal professionals

TO: ALL VALS ELECTED AND APPOINTED OFFICERS AND CHAPTER GOVERNORS:

The Fourth Regular Meeting of the Board of Governors of VALS . . . the association for legal professionals for the fiscal year 2009-2010 will be held on Friday, April 30, 2010, at The Inn at Virginia Tech, 901 Prices Fork Road, Blacksburg, Virginia. NRVLSA . . . the association for legal professionals will-host this meeting.

An electronic copy of the reports of VALS Elected and Appointed Officers, Committee Chairmen, and Chapter Governors should be submitted to VALS President Tammy Surles at Wa2Sweet4U@aol.com by April 19, 2010. Twenty copies of all financial reports should be mailed to 24 Shenandoah Drive, Fredericksburg, VA 22408.

VALS Elected or Appointed Officers, Committee Chairmen, and Chapter Governors or Designated Alternate Governors who will be unable to be present shall notify VALS President Tammy Surles by phone at: 540-840-6143 (cell).

Hotel: A limited number of rooms have been blocked off at The Inn at Virginia Tech, 901 Prices Fork Road, Blacksburg, Virginia (Tel: 540-231-8000) for this meeting. Please make hotel reservations directly with the hotel on or before April 1, 2010.

Board Meeting: Registration deadline is April 1, 2010. Registration information and schedules are contained in the VALS News. A \$5.00 late fee must accompany the registration after the deadline. No refunds will be given after April 1, 2010.

cc: VALS Committee Chairmen, Chapter Presidents and At-Large Members

Call to First Regular Meeting of the Board of Governors



Office of: VALS Recording Secretary
Kelly E. Hickey, PP, PLS
c/o Gentry Locke Rakes & Moore
P.O. Box 40013
Roanoke, VA 24022-0013
Work: 540-983-9408
Cell: 540-556-8818
E-mail: kelly_hickey@gentrylocke.com

March 5, 2010

CALL TO FIRST REGULAR MEETING OF THE BOARD OF GOVERNORS OF

VALS . . . the association for legal professionals

TO: ALL VALS ELECTED AND APPOINTED OFFICERS AND CHAPTER GOVERNORS:

The First Regular Meeting of the Board of Governors of VALS . . . the association for legal professionals for the fiscal year 2010-11 will be held on Sunday, May 2, 2009, at The Inn at Virginia Tech, 901 Prices Fork Road, Blacksburg, Virginia. NRVLSA . . . the association for legal professionals will-host this meeting.

VALS Elected or Appointed Officers, Committee Chairmen, and Chapter Governors or Designated Alternate Governors who will be unable to be present shall notify VALS President Darlene F. Price, PP, PLS, by phone at: (757) 819-6099 (W) or (757) 403-5241 (C).

Annual Meeting: Registration deadline is April 1, 2010. Registration information and schedule are contained in the VALS News.

Hotel: A limited number of rooms have been blocked off at The Inn at Virginia Tech, 901 Prices Fork Road, Blacksburg, Virginia (Tel: 540-231-8000) for this meeting. Please make hotel reservations directly with the hotel on or before April 1, 2010.

cc: VALS Committee Chairmen, Chapter Presidents and At-Large Members

NRVLSA IS LOOKING FORWARD TO SEEING YOU IN BLACKSBURG
APRIL 30 – MAY 2, 2010

THE INN AT VIRGINIA TECH AND
SKELTON CONFERENCE CENTER



COME ENJOY OUR MOUNTAIN TREASURES.

Report of President-Elect

Darlene J. Price, PP, PLS

In his Essay on Man, Alexander Pope proclaims “hope springs eternal.” I believe we appreciate this more this year after such a gruelingly cold, wet winter—by Virginia standards. That being said, I sit here on my balcony basking in the warm sun thinking of the upcoming VALS year. I am nervous about stepping into Tammy’s shoes but happy to give her a well-deserved break. She has served us as our president for two years and we are so thankful for her willingness to stay on. She has truly earned her Past President pin. Muchas gracias, Tammy.

I am excited about the upcoming year, and I know you won’t let me down in your willingness to serve and in your support for me as we try to inspire future leaders through growth of spirit, love of the law, and our support of the legal community.

The future of VALS lies with the young people coming into our profession and organization. As my dear friend Mary Hartman has said, we need new members so some of us can retire. Let us work toward recruiting the young people working in our law offices throughout Virginia. We now have a presence on Facebook and Twitter. Become a Fan. Our Go Green initiative will be rolled out at the Fourth Board of Governors meeting using technology to electronically transmit our reports and then present them visually using a laptop and projector. If you didn’t hear already, Debbie Quesenberry was unable to attend the Winter Board meeting due to the weather. Knowing this a few days in advance we set up a Skype conference call. We could see and hear Debbie as she gave her report about the upcoming Convention. How cool was that! Ideas and initiative such as this will keep our membership alive and interesting for young people.

Spread the word in your law office that VALS Gals are the coolest in the land.

Report of the Regional Liaison

Robin Wilson, PLS

It has been a pleasure and an experience being your Regional Liaison for the past two years. I hope that I have fulfilled my duties to your expectations. Six years ago, I began a journey on the board and it's just about complete. I have learned a great deal about the association and have accumulated a great network. Thanks to all of you!

Here's the latest information regarding the upcoming Region 2 Meeting:

Region 2 will have its 2010 Meeting at the Hilton Wilmington/Christiana in Delaware, August 6-8, 2010. State Presidents have been asked to consider topics and speakers. Volunteers are encouraged. When Region 2 meets in Tulsa, this will be discussed further.

Report of the Nominating Committee

Betty Moorman-Sweat, PP, PLS, Chairman

Nominations for Secretary, Treasurer, and Regional Liaison were timely sent in accordance with Article IV, Sections 4(a) of the VALS Bylaws. We received nominations from four Chapters. The nominations are as follow:

Secretary	Heather Hale, PLS (RVLSA)
Treasurer	Vicki Wilhelm, PLS (NPALSA)
Regional Liaison	Tammy Surles (FALSA)

Acceptance forms were sent and timely received from the candidates placing their names in contention for their respective offices. There will be a call for nominations from the floor; if no one is nominated, we have one candidate for each office.

These results and the "thumbnail sketch" of their participation in NALS, VALS and their respective chapters have been sent to the VALS News Editors for placement in the Spring edition.

CALSA

Patricia Durrer, Governor

The CALSA gals sure missed seeing our VALS friends in February at Chesapeake, but we got another round of snow that weekend and our area just hasn't learned the art of snow removal yet.

We've had a record amount of snowfall this year, 56 inches, and would you believe it's snowing as I write this report with a possibility of more accumulation tonight. Spring, where are you?

CALSA was still able to have a couple of luncheon meetings, despite the bad weather. In January, we had Detective Todd Lucas who spoke on "Gang Awareness". February we had Andre Hakes from Tucker, Griffin, Barnes and Dana Sclater, Esquire, who spoke on "What the Police Know and Won't Tell You".

We're certainly looking forward to celebrating our "Mountain Treasures" with all of our friends in Blacksburg.

The Best Mountain Treasures are
our Friendships in VALS

We look forward to seeing
everyone in the mountains
near Blacksburg at Convention!



Charlottesville Albemarle Legal Staff Assn.
CALSA

FALSA

Deborah M. Yench, PP, PLS, Governor

Our Christmas project helped a Stafford County single parent with Christmas presents and gift cards for her and her family. On December 9th, we wrapped presents at our annual Christmas Dinner at Tru Luv's in Fredericksburg.

We are gathering updates and additions for our 2010 Legal Directory as well as printer quotes.

NVLSA and FALSA held our first 2012 Convention meeting on February 27th. I am happy to say that we have lots of wonderful ideas and enthusiasm for those who attended!

We are looking forward to coming to Blacksburg and enjoying the hospitality of NRVLSA. We wish President elect Darlene Price, PP, PLS a wonderful 2010 – 11 as VALS President.

NPALSA

Virginia B. Vernon, Governor

Oh, what a winter we have all had. Spring is about three weeks away, and most of us are looking forward to its arrival. Ground hog saw his shadow but winter was still six weeks or more away. Hope all had a wonderful time at the VALS Winter Board meeting. Speakers were excellent – Tim Lee of TFC and Marina L. Phillips, Esq. of Kaufman & Canoles, P.C. Mr. Lee spoke on recycling and recycling laws, and Ms. Phillips spoke on “going green.”

Since the Fall Institute meeting, we continued to have excellent speakers. September was our membership drive. Although it did not yield any new members, we still keep going on.

October was Day in Court, and Ms. Rannie Brown, Jury Administrator for the Circuit Court for the City of Chesapeake had an interesting talk on “What you need to know about jury selection.” Our meeting was held at the Chesapeake Central Library, Chesapeake, VA.

November Kim Foreman, Director of Mentoring Program for Children of Prisoners, Seton Youth Shelters, spoke on “Changing Lives; Building Futures” as it applies to children of prisoners

Our annual Christmas Social was held in December at Kaufman & Canoles, P.C. What a grand time we had in exchanging gifts and playing Christmas Jeopardy.

January Kathy Russell from Tidewater Fiber Corp. (TFC) spoke on recycling, such as what we can and what we cannot recycle. She was an excellent speaker and provided us with a fistful of information.

February John Stepanovich, Esq., constitutional lawyer, spoke on the “Enactment of Abraham’s Law” based on Abraham Cherrix’s case for alternative treatment for cancer.

Also in February, NPALSA hosted the VALS Winter Board meeting at the Hilton Garden Inn, Chesapeake, VA. We hope all of you had a wonderful time. A lot of work went into getting it ready to go, and we thank our President, Vicki Wilhelm, PLS, for all her hard work in making it such a “sweet” success.

NPALSA is still busy on fundraising. We recently held a Pampered Chef party to help raise money for our scholarship. This month’s meeting we are providing items for The Dwelling Place, and we are in the process of putting together a cook book, which we hope to have ready for sale at the annual meeting.

NPALSA’s membership continues to grow. We have 13 members which includes one associate member. Hope everyone is doing well, and NPALSA looks forward to seeing everyone in Blacksburg. Watch out Ms. Q. Here we come.

NRVLSA

Debbie Quesenberry, Governor

The members of NRVLSA are looking forward to having you in Blacksburg for the 2010 VALS Convention. Our theme is “Mountain Treasurers.” On Thursday, we hope you will plan to take a tour of the historical Smithfield Plantation with us. The staff there is looking forward to having us for the tour and helping us celebrate our “Mountain Treasures. The Inn at Virginia Tech has many things to offer and discover during your stay, and they are working very hard to make Convention 2010 a memorable one for VALS’ members. For those of you who have spouses who play golf, we have the Pete Dye River Course about twenty minutes away.

Please come and help us celebrate our "Mountain Treasures" April 30 – May 2, 2010, in Blacksburg. You will be glad you came.



**Thanks, Cathy & Kelly
for a great year of
VALS News**

Cindy Lane Hughes, PP, PLS

NVLSA...the association for legal professionals

Lori L. Stewart, PP, PLS, Governor

NVLSA, or I, would like to thank N-PALSA for the great time in Chesapeake for the Winter Board of Governors Meeting. I was the only one able to make it down from NVLSA, but the legal education was top-notch and the fellowship even better!

NVLSA had to cancel their February meeting due to SNOW and our March meeting was a business meeting. We will be holding our Annual Meeting next month to present our yearly reports, then have a planning meeting in June and take the summer off.

FALSA and NVLSA held our first 2012 Convention Planning Meeting last weekend. Some really great ideas were discussed and we are looking forward to working with each other.

We are looking forward to seeing all our VALS friends in Blacksburg this spring. Spring - what a lovely word - can't wait for the weather to start getting warm again!

Prince William County Association for Legal Professionals

Mary Stewart, Governor

Our chapter has been quiet for this session. Between snowflakes we haven't manage to do more than just shovel, shovel and more shovel. I was delighted to see so many of our members in Chesapeake in the midst of one of our blizzards. It was a memorable experience and we hope all made it home safely.

We are excited to be attending the VALS Convention "down south". This thought in mind, we know that nice warm spring weather is ahead and we shall spend the time rejuvenating.

RVLSA...the association for legal professionals



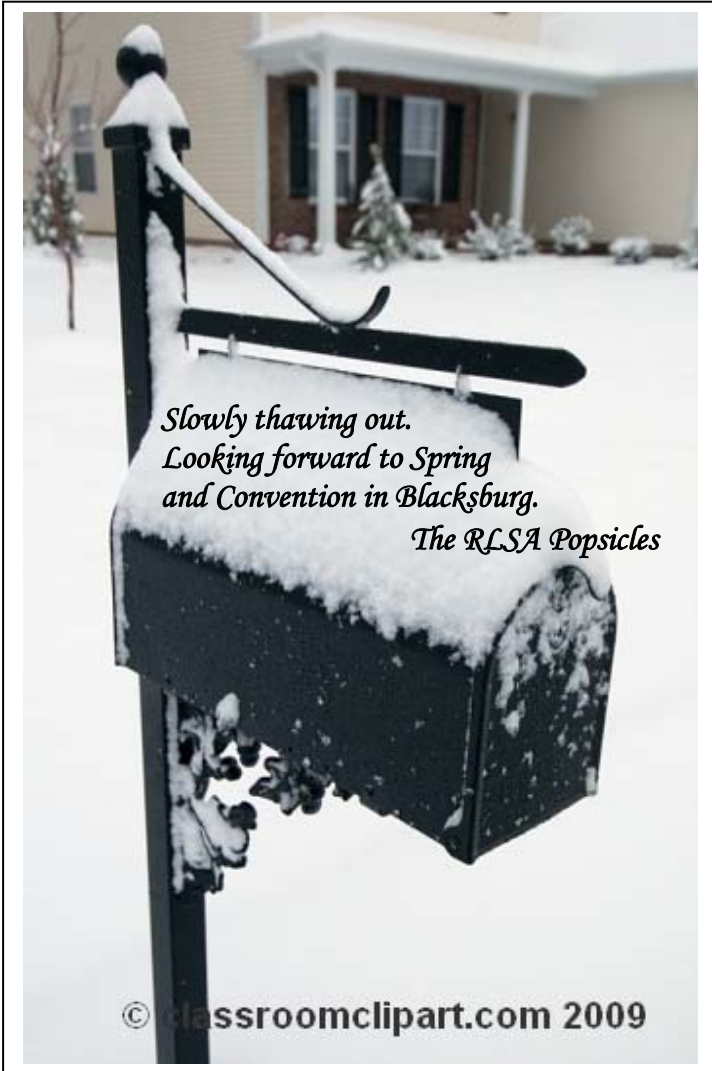
Cathy S. Freeman, PLS, Governor

Spring is in the air!!! We're actually hitting highs in the 60's! Even though it's been warm and toasty the last week or so, we still have snow piled up in parking lots and some yards. (I still have snow in my yard that's been there since before Christmas!) Kelly Hickey and I were the only ones from RVLSA who braved the snow storm for Winter Board. And what a warm reception we received! NPALSA was the perfect host, and the staff at Hilton Garden Inn Chesapeake/Greenbrier was outstanding!

Speaking of well done, RVLSA would like to extend a big hug and lots of love to Tammy Surles for having been an excellent VALS President for the past 2 years. Her leadership and guidance have been immeasurable. Thank you so much for going the extra year. Not to be remiss of the EC for the past 2 years either. Well done ladies!!

We also wanted to share in the joy and provide a couple of photos of Heather and her new baby, Grace, born on January 24, weighing 4 pounds 13 ounces. She is now about 6½ pounds and 20 inches long. As you can see, proud mom is getting her strong and healthy. Congratulations Heather!





Carl A. Eason, Esq. of the Law firm of Wolcott, Rivers & Gates spoke on Law Firm Ethics at our November meeting.

December was our annual holiday social held at McCormick & Schmicks with our annual ornament exchange. We donated to the JCOC Outreach Center, the Food Bank and the Vets House for the holidays.

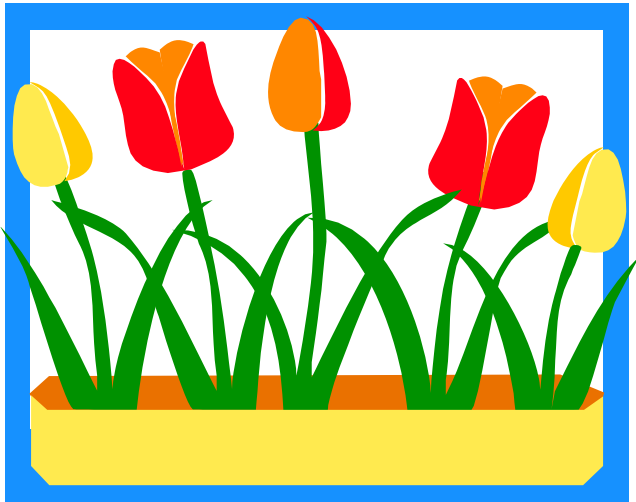
Cina L. Wong, CDE, Court Qualified Board Certified Document Examiner spoke at our January meeting.

February is our day in court meeting. We toured the Virginia Beach Mounted Police facilities.

At our March meeting we will have the presentation of the nomination of officers for next year and a speaker that has not been confirmed yet.

Our April meeting will be our election of officers. A speaker has not been chosen at this time.

I am looking forward to seeing everyone in Blacksburg at the Annual Convention.



Virginia Beach Legal Staff Association



VIRGINIA BEACH LEGAL STAFF ASSOCIATION
 Visit our website at www.vblsa.org

Mary D. McGeath, Governor

October was our annual Bosses Night and was held at the Sheraton Oceanfront. Sara B. Rafal of Williams Mullen was named Boss of the Year and Wendy Settlege, PLS of Bowman Green Hampton & Kelly PLLC was Member of the Year. Our entertainment for the evening was performed by Frank Cubillo performing Frank Sings Frank and he was absolutely fabulous.

Spring is around the corner—finally. VBLSA Members are looking forward to a wonderful VALS Convention in Blacksburg. See you there!

Certification Librarian

Deborah M. Yench, PP, PLS

Remember how fast summer flew by last year? Request books from the library to be mailed or delivered in April. The September certification exams are just six months away!

Strategic Planning Committee

Deborah M. Yench, PP, PLS, Chairman

Thanks to all the members who sent us their thoughts about VALS. This year has been one of practical ideas and all have been sent to the VALS EC.

But the job isn't done . . . just as all of it's members have needs to be met, so does VALS. She needs your ideas, large and small. So don't quit now, and don't keep suggestions to yourself, let SPC know.

The future of VALS is in your hands.

Contact any one or all of us!

Committee Members:

Marjorie L. Harmon, PLS (PALSS)

marje@com.hrcoxmail.com

Melinda Childress, PP, PLS (RVLSA)

melinda_childress@gentrylocke.com

Gwendolyn M. West, PLS (RLSA)

gwest@lawmh.com

Vicki A. Wilhelm, PLS (NPALSA)

vwilhelm@taylorwalkerlaw.com

Deborah M. Yench, PP, PLS, Chairman (FALSA)

dmyvals@verizon.net

*Don't forget March 14
Daylight Savings Time Begins!!
Spring your clocks forward and start
enjoying an extra hour of daylight!!*

Happy Birthday

April

- 5 – Mary Hartman (VBLSA)
- 13 – Vickie Warren (VBLSA)
- 21 – Vicki Wilhelm (NPALSA)
- 23 – Carolyn Walters (NRVLSA)
- 24 – Alice Moore (NPALSA)
- 26 – Kathy Van Der Kamp (NVLSA)
- 27 – Barbara Rippon (PALS)
- 27 – Linda Thomas (VBLSA)

May

- 1 – Kit Kneidel (NVLSA)
- 15 – Becky Bennett (FALSA)
- 18 – Myah Marshal (NVLSA)
- 19 – Patricia Hoover (PWCALP)
- 21 – Jane Williams (RLSA)
- 28 – Deborah Johnson (CALSA)

June

- 8 – Genesina D'Ascenzo-Kimbel (PALS)
- 8 – Carolyn Viar (NRVLSA)
- 9 – Sherry Walter (PWCALP)
- 11 – Gwen West (RLSA)
- 12 – Christina Kim (RLSA)
- 15 – Peggy Boggess (NRVLSA)
- 16 – Mary J. Lenhart (PALS)
- 20 – Deborah Hall (CALSA)
- 23 – Linda Crowe (FALSA)
- 26 – Eileen Evans (PWCALP)
- 27 – Robin Wilson (NVLSA)
- 29 – Jennifer Smith (NRVLSA)
- 30 – Shirley Christian (RLSA)
- 30 – Amy Lewis (NRVLSA)

July

- 1 – Maxine Sullivan (FALSA)
- 7 – Karen Shepherd (VBLSA)
- 7 – Elizabeth Slate (RLSA)
- 8 – Tammy Surles (FALSA)
- 11 – Shelley Fintor (NVLSA)
- 12 – Virginia Vernon (NPALSA)
- 14 – Mark Button (RLSA)
- 16 – Debbie Quesenberry (NRVLSA)
- 31 – Victrena Boyd (PALS)

August

- 3 – Meredith Uhl (RLSA)
- 5 – Diane Campbell (VBLSA)
- 5 – Sherri Hoffmon (NVLSA)
- 6 – Jessica Dale (PALS)
- 14 – Deborah Yench (FALSA)
- 17 – Marian Foster (PWCALP)
- 26 – Juanita Singleton (NVLSA)
- 27 – Teresa Westerman (NVLSA)

September

- 4 – Kathy Glass (PALS)
- 13 – Dawn Pierce (RVLSA)
- 20 – Geraldine Brown (RVLSA)
- 26 – Mary McGeath (VBLSA)
- 28 – Faye Vucich (RVLSA)
- 29 – Jo Anne Meyer (PWCALP)

Dates to Remember

March 11 – 14, 2010 – NALS Professional Development Conference, Tulsa

March 14, 2010 – Daylight Savings Time begins

March 17, 2010 – St. Patrick's Day

March 28, 2010 – Palm Sunday

March 29, 2010 – Passover begins at sundown

March 30, 2010 – Passover

April 2, 2010 – Good Friday

April 4, 2010 – Easter Sunday

April 8, 2010 – Online Study Group (Membership)

April 21, 2010 – Administrative Professionals Day

April 22, 2010 – Online Study Group (Marketing - Miss America, Mr. Universe - No, It's the NALS Award of Excellence Winner - What does it take to win this coveted prize?)

April 29 – May 2, 2010 – VALS Annual Convention – NRVLSA (Blacksburg)

May 9, 2010 – Mother's Day

May 13, 2010 – Online Study Group (Strategic Planning - "think big")

May 15, 2010 – Armed Forces Day

May 24, 2010 – Victoria Day (Canada)

May 27, 2010 - Online Study Group (Legal Document Preparers)

May 31, 2010 – Memorial Day

June 10, 2010 - Online Study Group (Bankruptcy)

June 14, 2010 – Flag Day

June 16, 2010 – Father's Day

June 24, 2010 - Online Study Group (Dealing with the Downturn in the Market Place)

July, 2010 - No Sessions

July 4, 2010 – Independence Day

August 4, 2010 - Online Study Group - Written Communications (Part 1)

August 11, 2010 - Online Study Group - Office Procedures/Legal Knowledge (Part 2)

August 12, 2010 - Online Study Group Legal Writing

August 18, 2010 - Online Study Group - Ethics, Human Relations (Part 3)

August 25, 2010 - Online Study Group - Legal Knowledge (Part 4 - PLS, PP)

August 26, 2010 - Online Study Group (Accounting)

September 1, 2010 - Online Study Group - ALS Review

September 8, 2010 - Rosh Hashanah begins at sundown

September 9, 2010 – Rosh Hashanah

September 9, 2010 - Online Study Group (Membership - Students & Young Legal Professionals)

September 15, 2010 - Online Study Group - PLS Review

September 17, 2010 – Yom Kippur begins at sundown

September 18, 2010 – Yom Kippur

September 22, 2010 - Online Study Group - PP Review

September 23, 2010 - Online Study Group (Certifying Board - Test Taking Tips)

October 11, 2010 – Columbus Day

October 14, 2010 – The PC is Not a Typewriter 1 CLE (certificate) materials

October 16, 2010 – National Boss Day

October 28, 2010 – Grammmarama 1 CLE (certificate) materials & powerpoint

October 31, 2010 – Halloween



VALS Officers

President	Tammy L. Surles (FALSA) 24 Shenandoah Dr. Fredericksburg, VA 22408	Wa2sweet4u@aol.com	W: 540-373-5300 F: 540-371-5571 H: 540-891-8049
President-Elect	Darlene J. Price, PP, PLS (VBLSA) 111 Harbor Watch Drive Chesapeake, VA 23320	DarleneJPrice@gmail.com	W: 757-819-6099 F: 757-548-2345 C/H: 757-403-5241
Vice President	Linda Kelley, PLS (VBLSA) Huff, Poole & Mahoney, PC 4705 Columbus St. Virginia Beach, VA 23642	lkelly@hpmlaw.com	W: 757-552-6064 F: 757-552-6016 H: 757-651-1517
Recording Secretary	Kelly Hickey, PP, PLS (RVLSA) Gentry Locke Rakes & Moore P.O. Box 40013 Roanoke, VA 24022-0013	Kelly_hickey@gentrylocke.com	O: 540-983-9408 F: 540-983-9400 H: 540-890-3816
Treasurer	Heather M. Hale, PLS (RVLSA) c/o Woods Rogers PLC 10 S. Jefferson St., Suite 1400 (24011) P. O. Box 14125 Roanoke, VA 24038	hhale@woodsrogers.com	O: 540-983-7645 F: 540-983-7711 H: 540-580-1019
Regional Liaison	Robin Wilson, Certified PLS (NVLSA) 301 King St., Suite 1300 Alexandria, VA 22314	Robin.Wilson@alexandriava.gov	O: 703-746-3753 F: 703-838-4810 H: 703-619-0317

If you have information to be included in a newsletter, please e-mail your ideas or articles to Cathy S. Freeman, PLS at cfreeman@mossandrovovich.com and to Kelly E. Hickey, PP, PLS at Kelly_Hickey@gentrylocke.com

REGISTRATION FORMS

VALS . . . *the association for legal professionals*
48th Annual Convention
April 30 – May 2, 2010

Hotel Registration Request – The Inn at Virginia Tech
901 Prices Fork Road, Blacksburg, VA 24061
Reservations: Phone 540/231-8000, Fax 540/231-0117
Website: www.innatvirginiatech.com

If you have any questions, contact Bianca Norton at 540/231-0143

The Inn at Virginia Tech is honored to have you as its guest during your stay in the New River Valley! In order to guarantee your reservation, please:

- (1) **Make your reservation before April 1, 2010;** (2) complete and send form directly to hotel;
- (3) Enclose deposit with form for first night’s stay.

Name _____

Address _____

City _____ State _____ Zip _____

Phone: Day: _____ Evening: _____

Arrival: _____ Departure: _____

Number of Rooms: _____ Specify Non-Smoking Room: _____

Payment: Check or Money Order enclosed \$ _____

Major Credit Card: Type of Card: _____

Credit Card Number: _____ Exp. Date: _____

Signature: _____

Room Rates: \$145 per night, single/double, plus \$3.00 per day parking, plus 5% tax. **Cut-off date: April 1, 2010.** Reservations requested AFTER the cut-off date may still be available at this rate but only if guest rooms are still available. Reservations will be honored on a first-come, first-served basis. **Check-in time is 4 p.m.; check out is 11 a.m. Rooms will not be held after 4 p.m. unless guaranteed by a credit card or advance deposit.**

Directions to The Inn at Virginia Tech

Directions: From I-81: Exit 118B Blacksburg/460 West. Exit Prices Fork Rd/Downtown, Route 412 East. Right at first traffic light into hotel entrance.

VALS . . . *the association for legal professionals*
48th Annual Convention
April 30 – May 2, 2010
The Inn at Virginia Tech
901 Prices Fork Road
Blacksburg, VA 24061

The Annual Meeting of VALS . . . *the association for legal professionals* will be held Saturday, May 1, 2010, beginning promptly at 9 a.m. at The Inn at Virginia Tech, Blacksburg, Virginia 24061. **Registration deadline is April 1, 2010.** Registrations postmarked after this date must be accompanied by a \$5 late fee. No refunds will be given after March 31, 2010.

Name _____ Phone: (Day) _____
Address _____
City _____ State _____ Zip _____
Chapter _____ Officer or Chair in Local Chapter _____

Delegate ____ Alternate Delegate ____ Check here if this is your first VALS meeting ____

Please check individual meals that you wish to pay for separately; otherwise, mark “Full Scrip Ticket.”

- Full Scrip Ticket (VALS members) \$125.00 ()
- Full Scrip Ticket (non-VALS members) \$162.00 ()

INDIVIDUAL EVENT PRICES (INCLUDED IN SCRIP TICKET):

- Friday Seminar \$ 15.00 ()
- Friday Night Welcome Party \$ 35.00 ()
- Saturday Breakfast \$ 20.00 ()
- Saturday Lunch* \$ 24.00 ()
- Saturday Banquet \$ 45.00 ()
- Sunday Breakfast \$ 20.00 ()
- VALS Registration Fee \$ 3.00 ()

Late Fee (if postmarked after 3/31/10) \$ 5.00 ()

PLS Luncheon on Friday (A table will be reserved in the dining room for all those who wish to attend; order from menu) ()

**Thursday evening optional tour to Smithfield Plantation
Transportation provided: Meet in lobby at 4:30 PM \$10.00 ()**

TOTAL ENCLOSED: \$_____

Please make your check payable to “VALS 2010 Convention” and send with this form to:

Linda Turpin
c/o Mark Hicks, Esq.
P. O. Box 400
Dublin, VA 24084

VALS . . . *the association for legal professionals*

48th Annual Convention
 The Inn at Virginia Tech
 901 Prices Fork Road
 Blacksburg, Virginia 24061
 April 30 – May 2, 2010

**“Mountain Treasures”
 Schedule of Events**

Thursday, April 29, 2010

4:30 p.m. – 6:30 p.m. Tour of Smithfield Plantation
 7:30 p.m. until 9:30 p.m. Hospitality Suite open

Friday, April 30, 2010

8:00 a.m. – 9:00 a.m. Seminar Registration
 8:00 a.m. – 12:00 p.m. Convention Registration Desk Open
 9:00 a.m. – 12:00 p.m. Legal Education Seminars
 11:00 a.m. – 5:00 p.m. Exhibitors/Crafters Open
 12:00 p.m. – 1:30 p.m. PLS Luncheon
 12:00 p.m. – 1:30 p.m. Lunch on your own
 2:00 p.m. – 4:00 p.m. Fourth Board of Governors’ Meeting
 6:00 p.m. – 11:00 p.m. Friday Night Welcome Party
 **(Dress in your favorite sports team colors,
 college or professional)**

Saturday, May 1, 2010

7:00 a.m. – 8:30 a.m. Breakfast Buffet
 8:00 a.m. – 9:00 a.m. Convention Registration Desk Open
 8:30 a.m. – 9:00 a.m. Delegate Check-In
 9:00 a.m. – noon Exhibitors/Crafters Open
 9:00 a.m. – 12:00 p.m. First Session of General Assembly
 12:15 p.m. – 1:45 p.m. Awards Luncheon
 1:45 p.m. – 2:00 p.m. Delegate Check-In
 2:00 p.m. – 5:00 p.m. Second Session of General Assembly
 6:30 p.m. – 11:00 p.m. Installation Banquet

Sunday, May 2, 2010

8:00 a.m. – 9:00 a.m. Breakfast (there is a program, so please be prompt!)
 9:00 a.m. – 9:30 a.m. Delegate Check-In
 9:30 a.m. – 10:00 a.m. Third Session of General Assembly (if necessary)
 10:00 a.m. – 12:00 p.m. First Board of Governors’ Meeting of 2010-11

Résumé – Nomination for Secretary

Heather M. Hale, PLS
c/o Woods Rogers PLC
10 S. Jefferson Street, Suite 1400
Roanoke, Virginia 24011
540-983-7645
hhale@woodsrogers.com

Joined NALS May 6, 2002

Legal Experience

Woods Rogers PLC – 1996 to present

RVLSA Offices Held

Secretary – 2003/2004 and 2004/2005

Vice President – 2005/2006

President – 2006/2007 and 2007/2008

Parliamentarian – 2008/2009 and 2009/2010

RVLSA Committees

Programs/Reservations – 2004/2005

Bosses' Night – 2005/2006 and 09/10 (Chair)

Co-Historian – 2004/2005

Membership – 2005/2006 (Chair)

Audit – 2003/2004 and 2005/2006 and 2008/2009 (Chair)

VALS Convention 2007

Member of the Year – 2008/2009

Day in Court 09/10

VALS Offices Held

Treasurer 09/10

VALS Committees

Strategic Planning – 2004/2005 and 2005/2006

VALS News Co-Chair – 2005/2006, 2006/2007, and 2007/2008

Finance – 2008/2009 (Chair)

Nominating - 2008/2009 (Chair)

Budget - 2008/2009 and 09/10

VALS Conferences Attended

All Conferences since Convention 2003, with the exception of Winter Board 2008 and Fall Institute 2008

NALS Conferences Attended

NALS Region 2 Meeting 2003

NALS Region 2 Meeting 2005

NALS Region 2 Meeting 2007

NALS Education Conference and National Forum 2008

Education/Awards

Associates Degree in Office Systems Technology from Danville Community College – May 1998

PLS Certification – September 2003

Promotion from Legal Secretary to Paralegal Clerk – March 2005

Paralegal Certificate from George Mason University – February 2006

Promotion from Paralegal Clerk to Paralegal – November 2006

Member of the Year of RVLSA – September 2007

Community Involvement

Relay for Life – volunteer every year

Academic Advisory Committee at VWCC – 2006-present

Résumé – Nomination for Treasurer

VICKI WILHELM, PLS

I have been employed in the legal field since 1977 when I worked for Dow, Lohnes & Albertson, P.C. in Washington, D.C. in communication laws. We moved to Richmond in 1983 and subsequently to the Hampton Roads area in 1985. I joined NPALSA, VALS and NALS in 1986 when we moved to the Hampton Roads area. I earned my Professional Legal Secretary Certification in 1988. I have held just about every office on the local level and have served on several VALS Committees along with Chairing a few.

In 1997 I left the organization as my daughter, Tricia, was heavily involved in cheerleading and extra curricular activities both in middle school and high school. When she left for college, I found myself with more free time and the yearning and need to come back. I rejoined in 2006. The friendships I have developed, both old and new, are priceless.

I feel I am ready to make the next commitment to VALS and am honored to have been nominated for VALS Treasurer. If elected, I will certainly strive to do my very best.

VALS

Scholarship Chairman	2009-2010
Strategic Planning Committee Member	2009-2010
Legal Education Council Member	2008-2009
Nominating Committee Member	2007-2008
Interchapter Achievement Chairman	1995-1996
Credentials Chairman	1993-1994
VALS News Co-Editor	1991-1992
1991 VALS Convention Co-Chairman	1988-1991

NPALSA

President	2008-2010
Brochure Chairman	2007-2010
Governor	2007-2008
Ways & Means Chairman	2007-2009
Scholarship Chairman	2007-2009, 1995-1996
Parliamentarian	1994-1995, 1992-1993
Recording Secretary	1993-1994, 1991-1992
First Vice President	1987-1988
Corresponding Secretary	1986-1987
Special Collections Chairman	1995-1996
Employment Chairman	1994-1995
Bar Liaison Chairman	1993-1994
Bosses Night Co-Chairman	1993-1994
Bylaws and Standing Rules Chairman	1992-1993
Interchapter Achievement Chairman	1991-1993
Day-In-Court Chairman	1990-1991
Program Chairman	1989-1990
Publicity Chairman	2009-2010, 1988-1989
Membership Chairman	1987-1988

Boss of the Year Chairman	1987-1988
Bulletin Chairman	1986-1987
(Placed First in VALS and NALS Competition)	
Nominations & Elections Committee	2008-2009, 1992-1993, 1989-1990
Budget Committee	1990-1993, 1987-1988
VALS Delegate	2009, 2008, 2007, 1993, 1990
VALS Alternate Delegate	1992, 1989
Alternate Governor	2008-2010, 1989-1991
NPALSA Member of the Year	1988, 1991

Résumé – Nomination for Regional Liaison

Tammy L. Surles

I have worked as legal assistant to Benjamin H. Woodbridge, Jr. for 25 years. We have been at the current firm of Woodbridge, Ventura & Coleman, P.C. since January of 2000. In addition to being Mr. Woodbridge's personal legal assistant, I am the personal injury legal assistant to the four attorneys in the firm and bookkeeper. Their practice is primarily criminal, traffic, domestic and personal injury law.

I became a member of FALSA...*the association for legal professionals* in 1991. Since that time, I have served in every office at least once. I have served as chair or as a member of the Audit, Newsletter, Handbook, Interchapter Achievement, Member/Boss of the Year, Membership, Nominations and Elections, Programs/Continuing Legal Education, Scholarship, Special Events, Standing Rules/Bylaws, Ways and Means and Technology Committees. I was elected Member of the Year in 1994, 2000 and 2008. I assisted the chapter in hosting the 1997 and 2006 VALS Conventions and the 2001 and 2008 Winter Board of Governor's meeting, and the 2008 Fall Institute.

As a member of VALS, I served as co-chair of the Handbook and VALS News committees for two years. I have served on the Nominations and Elections Committee, the Legal Education Council and on the Technology Committee. I served as VALS Treasurer for 2005-2006, Vice President for 2006-2007, President-Elect for 2007-2008 and am currently serving my second term as the VALS President.

On the NALS level, I served on the Technology/Web Team for three years.

Change of Information Form

MOVING?

Please keep us informed of your whereabouts...

The only way to keep receiving your copy of the *VALS News* is to keep your e-mail /mailing address current.

Please notify us in advance of your address or name change. Please copy this form and send it to the following:

Cathy S. Freeman, PLS
 Moss & Rocovich
 4415 Electric Rd. (24014)
 P. O. Box 13606
 Roanoke, VA 24035
 (540)774-8800
 (540)774-8808 – Facsimile
 (540)353-8971 – Cell
 (540)977-1825 – Home
cfreeman@mossandrocovich.com

Kelly E. Hickey, PP, PLS
 Gentry Locke Rakes & Moore
 10 Franklin Rd., S.E. (24011)
 P.O. Box 40013
 Roanoke, VA 24022-0013
 (540)983-9408
 (540)983-9400 – Facsimile
 (540)556-8818 – Cell
 (540)890-3816 – Home
Kelly_Hickey@gentrylocke.com

Saundra Bates
 Member Services Manager
 NALS Resource Center
 8159 East 41st Street
 Tulsa, OK 74145
 (918) 582-5188
 (918) 582-5907 – Facsimile
bates@nals.org

Don't forget to notify your Chapter President, too.

Name: _____ Former Name (if changed): _____

Chapter: _____ Member No.: _____

New Address: _____

City: _____ State: _____ ZIP: _____

New E-Mail: _____ Previous E-Mail: _____